

PORK MEATBALLS

RECIPE BY: CHRIS SIMPKINS (@CRITTERSIMPFOODS)

INGREDIENTS:

- 2 LB ground pork
- 1 onion, diced and sautéed
- 1/2 C bread crumbs
- 1/2 C milk
- 1/2 bunch parsley, chopped
- 1/4 C parmesan cheese
- 2 eggs
- 2 TSP salt
- 1 1/2 TSP pepper
- 2 TSP garlic powder
- 2 TSP Italian seasoning
- 1 TSP red pepper flakes

INSTRUCTIONS:

Combine bread crumbs and milk in a mixing bowl. Add in remaining ingredients and mix thoroughly. Form mixture into 1 1/2 inch diameter meatballs and place onto a baking sheet. Place in a 425 degree oven for 20-25 minutes.

